POSEIDON STRENGTH

REHAB WITH REAL DATA.
RETURN WITH CONFIDENCE.

ForceTrain provides objective clarity in under two minutes, so you can act faster, be safer and make smarter decisions.

RTP decisions carry risk

- Reinjury risk increases when RTP is rushed or subjective
- Manual screens miss asymmetries or in-range pain-archs
- Med. teams need clarity to support confident decisions

"...athletes who returned to sport (highest level) earlier than 9 months after ACL reconstruction had a reinjury rate of 39.5%" - E3 Rehab

ForceTrain advantage

- Detect unilateral and bilateral asymmetries in two minutes or less
- Visualize ROM-specific deficits and monitor recovery progress
- Use real-time data to adjust rehab protocols

What they say

"*The ForceTrain Tower is very efficient and is a great compliment to our room. It makes it easy to gather data, is safe to use and has given us the ability to asses closed-chain movements earlier in the process. It's a platform that's engaging for our athletes and effective for our staff - capturing unilateral data in under two minutes has been a huge benefit for RTP athletes.*"
- Dr. Niles Fleet, Wake Forest

Where it fits

- Easily integrates into existing workflows
- Used pre- & post-injury, post-op or for final clearance
- Open API means data that integrates with proprietary software, AMS or EMR systems

Why med staff loves it

- Replace guesswork with trackable benchmarks
- Enhance alignment with performance and sports staff
- Engage athletes with data they can see, understand and trust
- No lab. No friction. Just clear results.

Key rehab use cases

- Post-op knee: monitor strength against baseline, track progression and symmetry
- Hamstring rehab: test force through functional movement and compare unilateral work
- Calf, ankle, achilles: isolate the soleus, test plantar flexion, show gastroc involvement, test unilaterally.
- Earlier intervention to closed-chain movement: safe, constrained environment